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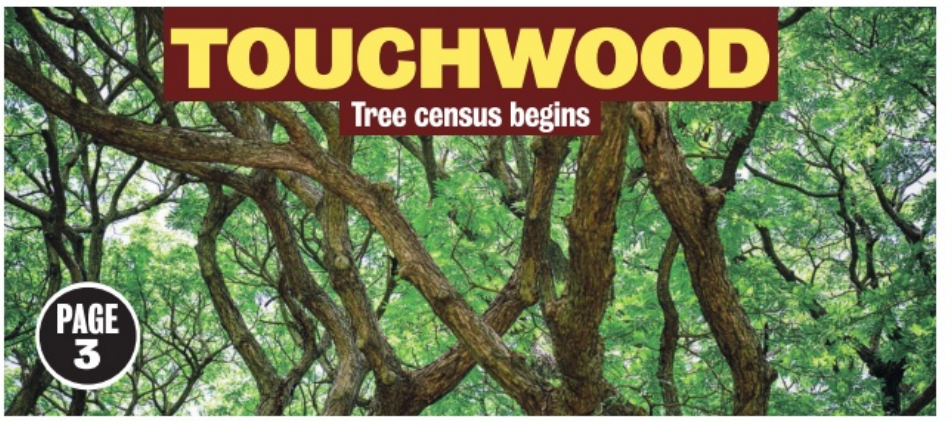
Bangalore Mirror

TEMP Max 27 | Min 15 | Humidity 65% Generally cloudy sky Sensex 61,806 | Nifty 18,420 | Gold 54,306 | Silver 67,791 | Dollar 82.59 | Euro 87.60 | GBP 100.65



BBMP would pay Rs 44.50 lakh for supplying coffee, tea, snacks, veg/non-veg food at meetings to be held in 2023

HOW TAXPAYERS' MONEY IS SPENT

Bengaluru yet to have elected city council two years on

| Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

If the tender notification inviting bids to supply food at meetings held at the Bruhat Bengaluru Mahanagara Palike (BBMP) is any indication, it seems the civic body is giving undue importance to food than the outcome of such meetings — despite the shoddy infra Bengalureans are put through day after day.

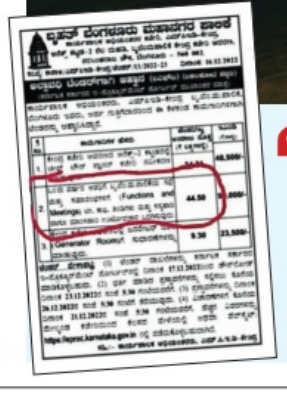
POLL PLANK
Council for city

The civic body floated the tender inviting caterers to supply coffee, tea, snacks and food (both vegetarian and non-vegetarian) during the meetings held at the BBMP head office.

According to the tender document, the BBMP would pay Rs 44.50 lakh to the caterer for supplying coffee, tea, snacks, vegetarian and non-vegetarian food for the meetings to be held in the year 2023. The last date for submitting the tender form is December 23; the bids will be opened at 5.30 pm on December 26.

It is a general practice to supply

CONTINUED ON PAGE 6 »



"BBMP has no sufficient funds for developmental works but is ever ready to spend taxpayers' money for food at meetings
— Sai Datta, social activist

Your bus' ETA is...

Corporation wants to install display boards showing real-time bus movement at 500 bus stops, but there's a problem...

| Melvin Mathew
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With the Intelligent Transport System (ITS) expected to be rolled out this month, the Bengaluru Metropolitan Transport Corporation wants to install display boards showing real-time bus movements at 500 bus stops.

By December 23, the BMTC will roll out 2,000 buses equipped with Vehicle Tracking Units (VTUs) and CCTV cameras. Additionally, the Nimmbus app will allow passengers to track buses in real-time and plan their routes accordingly. The app facilitates digital payments for purchasing tickets. The infrastructure is part of larger efforts of BMTC to transition to digital and make public transport more accessible to citizens.

As the next stage, the BMTC wants to install digital display boards at bus stops. These display boards will showcase real-time arrival and departure of buses on specific routes. BMTC has already procured the display boards but the implementation is deterred due to 'a lack of ownership of bus stops', we are told. The corporation procured the display boards from Manipal Technologies which was awarded the tender for the entire ITS system.

CONTINUED ON PAGE 6 »

Hunt for Karnataka's talent

VK Navatare, a one-of-a-kind beauty pageant and talent hunt for college students is back, and if you're one of those who wants to shine on the ramp, this is your moment! In fact, VK Navatare is the one and only beauty pageant and talent hunt conducted for college students by VK (Bangalore Mirror's sister concern and number one newspaper in Karnataka). The fifth edition of VK Navatare has begun and if you are yet to enrol, here's your chance right now. VK Navatare is an excellent platform for all the college girls aiming for a career in TV, films and entertainment in general. The participants and winners of the previous editions have made it big in their respective. VK Navatare as it is one of the most trustworthy beauty pageants and talent hunt and one of its kind conducted by a newspaper in Karnataka. Currently, auditions are being held at Bengaluru, Mysuru, Mangaluru, Hubballi, Belagavi, Davanagere and Kalaburagi. The entry is completely free. After auditions at regional levels, the finale will be held at Bengaluru. So, don't miss this golden opportunity and enrol now.

The participants of VK Navatare-5 may bag a chance to act in Star Suvarna Channel
*(Conditions Apply)

> VK Navatare is a prestigious event and I waited for two years to prepare and participate. It has given me a great platform. It has boosted my morale and confidence and opened up a number of career opportunities
> – Manushree, VK Navatare 2021 winner

HOW TO ENROLL

Students studying in Karnataka's colleges in the age group of 18 to 23 are eligible. The interested students can send their personal biodata along with photos (both closeup and a full-size photo) along with a self-introductory video. The profiles should include necessary details: name, address, college name, class details, and parents' names along with a copy of the college identity card. The details can be sent on **WhatsApp 8880852240**. The last date for entry is **December 20, 2022.**

1 THING TO DO

01 From France to India

"Creativity across generations" is an art show that consists of 9 members of a family of french artists that spans 4 generations. The artists will be showcasing paintings, drawings, textiles, ceramics, graphic works and photographs. This Herculean effort of putting together this show (consisting of 85 photographs, 22 paintings, 4 ceramic works, 4 textile work and around 20 graphic prints) can only be attributed to their collective love & passion for the arts.

Where: Chitrakala Parishath
When: Till Dec 25, 11am – 7pm

Air show may be a no show for CBSE students

Aero India slated to be held in Feb next year in Yelahanka; several CBSE schools are apprehensive it might affect students prepping for the boards

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With India's air show 'Aero India' -- said to be Asia's biggest airshow -- all set to be hosted in Bengaluru in February 2023, schools in Bengaluru are worried about the show's dates clashing with the CBSE examination.

The biennial air show will be held at Air Force Station, Yelahanka in Bengaluru from February 13 to February 17 next year. On the other hand, CBSE has announced that the board examinations for Classes 10 and 12 will be starting on February 15.

Schools in Bengaluru are worried that students might get affected by the premier air show happening in the city leading to bad results.

The Air Force Station at Yelahanka houses two CBSE-affiliated schools: Kendriya Vidyalaya and an Air Force School. With the upcoming air show in February, these two schools are expected to be affected the most.

Gowri P, office superintendent, Air Force School, Yelahanka told Bangalore Mirror that because of the event, the traffic in the area will worsen, affecting the students.

"Our school does not serve as an examination centre but Kendriya Vidyalaya does and it will be an issue as the students from outside schools might not be able to come because of the Air Show being held... There is already a traffic problem in Yelahanka and it is expected to worsen because of the biannual show being held in Bengaluru," she explained.

This is the first time after two years that the CBSE boards will be held the usual way. Because of the pandemic, in the year 2020, the class 10 students were promoted without examinations because of the pandemic and lockdown situation. In 2021-22, split-term examinations were conducted during the academic session.

The Surya Kiran aerobatics team performs at Aero India in Yelahanka (file image)

> There is already a traffic problem in Yelahanka and it is expected to worsen because of the biannual show
> –Gowri P, office superintendent, Air Force School, Yelahanka

Now, the students are already anxious with the board exams approaching soon in less than two months, and with the grand air show being held in the city, it is expected to add to the students' woes.

"Something has to be done about this situation in the best interest of the students since it is an important time for them. The board should revise and re-release the schedule accordingly," added Gowri.

Though the board has announced that the board examinations will be commencing on February 15, 2023, the timetable for the examination is yet to be released. Students are anxiously waiting for the final official timetable to be released on the CBSE website which is expected to be released this month.

A senior official at the CBSE regional office, in Bengaluru, said that they will need to discuss the situation about the Aero India 2023 show with the central office in New Delhi and make the final decision.

Not many yays for New Pension Scheme

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Lakhs of people from different government bodies thronged Freedom Park on Monday to raise their voice against the New Pension Scheme.

Large numbers of people spilled out onto the road, causing a traffic congestion, while connecting roads to the park turned into a small flea market with clothes, toys, and bags available for sale. The surrounding eateries up to KR Circle saw a large number of visits by protestors.

The protest was organised by Karnataka State Aided School College government workers' Pensioners Union and saw school teachers and various government departments from Karnataka.

Protestors demanded the rolling back of the Old Pension Scheme.

Shivanna, State President of the Karnataka State Aided School College government workers Pensioners Union said, "We have been protesting about the issue for the past 24 days. For government workers in aided schools and colleges, there is no pension, most government workers have New Pension Scheme; however, we have neither NPS nor OPS. We are asking the state government to give us pensions as part of our salary. After retirement, we need the financial support of a pension. Neither do we get any health benefits. Many retired teachers are starving to death and some started taking up odd jobs."

Protestors at Freedom Park on Monday

Protestors said that the monthly pension deposits through Old Pension Scheme (OPS) were more convenient than the lumpsum NPS. The OPS was replaced by NPS in 2004 making way for a new pension scheme 60 per cent can be withdrawn in a lumpsum and 40 per cent needs to be invested in annuities. Apart from central government employees, NPS cannot be switched back to OPS.

The protestors came to Freedom Park after conducting a padayatra from Siddaganga Mutt, Tumakuru to Bengaluru travelling around 80 km.

"If the entire amount is given out in lumpsum, it can easily get lost in careless spending. We want to receive our pension in regular small amounts like OPS. This will also be highly helpful for the elderly," said a BESCOM official.

A portion of the Seshadri Road was closed off, forcing motorists from KR Circle to take a left at the Palace Road-Seshadri Road intersection. The swarm of people protesting with placards spilled out onto the nearby roads like Kalidasa Marg.

Touchwood! Tree census off to a start

After several failed attempts, Palike begins pilot project of tree census

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PIC: KAUSHIK JN

The Bruhat Bengaluru Mahanagara Palike (BBMP) has started the pilot project of the much-awaited tree census of Bengaluru. According to the officials from the Forest Cell of BBMP, as many as 5,000 trees have been covered under the project so far.

"The pilot project is currently going on in Malleswaram and is expected to be over by the end of this month. The pilot will help us arrive at the cost of conducting the survey. Once the project is completed, we will float tenders for carrying out the tree census. The ongoing pilot is also helping us in accessing the functionality of the app that has been developed by BBMP's internal team to conduct the census," said Sarina Sikkaligar, Deputy Conservator of Forests (DCF), BBMP.

BBMP, in the past, has made multiple attempts to conduct the tree census. This was after the High Court had directed the civic body in August 2019 to conduct the survey as per the provisions of the Karnataka Preservation of Trees Act, 1976. The civic agency had first reached out to the Institute of Wood Science and Technology to carry out the census with a scientific approach. However, the project could not take off.

BBMP's Forest Cell then approached the University of Agricultural Sciences (UAS) to sign an MoU; however, even this attempt failed. Palike then decided to conduct the survey with inputs from the tree authority and manpower support from the Karnataka Forest Department. Unfortunately, even that plan failed.

> "The pilot project is currently going on in Malleswaram and is expected to be over by the end of this month
> — Sarina Sikkaligar, DCF, BBMP

According to environmentalists and tree activists, the fact that the census has not begun even after three years of the court's order indicates that the officials should look at a different approach. The census should be decentralised, and multiple institutions should be involved to carry out the survey across the city.

"Instead of trying to rope in one institution, BBMP can think about bringing in multiple players zone-wise. For Instance, the census in Bengaluru north area can be conducted by the University of Agricultural Sciences, Bengaluru central can be covered by the Institute of Wood Science and Technology and Bengaluru south can be taken care of by Bengaluru University. They have to cover a huge area with millions of trees. It will be difficult for one organisation as it is a resource-intensive process," said a city-based environment researcher on condition of anonymity.

Experts however also say that a delay of three years is a direct violation of the High Court's order and BBMP is dilly-dallying the census on purpose.

"They have all the technology and expertise at their disposal along with the funds. They are still delaying. The efforts taken in the last three years are the bare minimum and only because of the High Court's order," said Vijay Nishant, founder, Project Vruksha Foundation.

Search on in double murder case

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The city police have ramped up the investigation in a double murder case that happened on Sunday.

The police formed a special team to investigate the murder of a security guard and a house help in a home in Koramangala 6th block.

It was suspected that the security guard, Bahadur, might have murdered the help and stolen valuables worth Rs 6 lakh and escaped.

But things took a turn after the body of the guard was found in the water tank on Sunday evening, and the Koramangala police intensified the operation.

"At present, four special teams have been formed to find the accused and about 50 CCTVs in the vicinity have been checked," said the police.

The police said that the theft happened because the culprit was aware of the absence of the family members.

"Information is being collected about the workers of all the construction buildings in the vicinity.

"An investigation is being conducted as to whether anyone left work yesterday or earlier and went to the city, and the security guards around are also being interrogated," said the police.

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Peenya flyover's perplexing problem

Badly constructed flyover still shut to heavy vehicles; concessionaire to pay for repairs?

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The movement of heavy vehicles on the Peenya flyover was supposed to be allowed from December, but as the years nears its end, permission for the same has not been granted yet due to faulty cables. Meanwhile, the eighth mile junction, which is below the flyover and acts as a gateway to the city, is witnessing massive traffic jams due to the heavy vehicle ban on the flyover.

The general public and Dasarahalli MLA R Manjunath want contractors who executed the project to face action because of the ensuing chaos. PWD Minister CC Patil said that the state government has recommended the National Highways Authority of India (NHAI) take action for poor construction of the flyover.

In response to a question by Manjunath recently, Patil said that the project has been taken up under the Build Operate Transfer mode. The 4.35-km-long Peenya flyover had water logging issues too. Hence, the NHAI decided to inspect the drainage facility and identify the root cause for it. This was when the officials stumbled upon the shocking fact that four prestressed cables had been severely damaged.

NHAI took the call to suspend traffic on the flyover on December 25, 2021. A team of experts from IISc inspected the stretch and permitted only light vehicles from February 16, 2022.

"Currently, a number of tests are being conducted to check the flyover's quality. Heavy vehicles may be allowed only after strengthening the cables. Officials are evaluating the cause for the damage to the prestressed cables. Based on this report, action will be taken against the guilty," said Patil.

Peenya flyover closed to traffic due to repair work (File photo); currently, light vehicles are allowed

> **It has been observed that no urgency has been seen in throwing open the flyover at the earliest. Despite constant follow-ups with NHAI, there has been no progress**
> – DCP (Traffic-West)

The Dasarahalli MLA wanted to know what legal action the government was taking against the concessionaire for the poor construction. Patil said, "Currently, the issue is under arbitration. The NHAI has petitioned the arbitration tribunal that the entire repair cost has to be borne by the concessionaire."

During the closure of the flyover, traffic police had to face a lot of heat managing traffic. The Peenya elevated highway (Sri Shivakumar Swamiji Highway) is an all-important highway connecting to Bengaluru. It is the only link that connects 22 out of 31 districts in Karnataka and is also the sole connecting road to states like Maharashtra and Goa. The road is also a key connecting road to Peenya industrial area. The elevated highway was used by roughly 2 lakh vehicles daily.

Due to its closure, the motorists are forced to use narrow roads, causing congestion. DCP (Traffic-West) had written to the NHAI stating that the traffic was being affected while NHAI was not taking concrete steps to fix the flyover.

"It has been observed that no urgency has been seen in throwing open the flyover at the earliest. Despite constant follow-ups with NHAI, there has been no progress. Police requested that the flyover be allowed for emergency services like ambulances or light vehicles, but it has not been accepted," the DCP had mentioned in the letter which forced officials to act on taking up the load test before allowing light vehicles on the flyover.

Sarjapur Road cries for attention

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Commuters traveling on Sarjapur Road say that it has been in a terrible condition for over a year. They also say that the condition of the road is only getting worse.

Akhilesh Kumar, a commuter, said, "With potholes spread over the entire stretch, commuting on it becomes extremely difficult for us. It is quite a busy road and a lot of people use it. Despite that, there has been no effort made by the authorities to improve the condition of the area. The commuters who use it truly face a lot of problems.

Ashraf Ansari, another commuter, told Bangalore Mirror that for the last one-and-a-half years, the road has been like this, and due to a lack of maintenance, it is deteriorating day by day. "The road is completely broken and uneven. It is very dangerous to drive through that area. There are no alternate options available either. The authorities need to take immediate action and try to fix the road as soon as possible."

Potholes on this road accumulate water whenever this is a downpour

Some other commuters also recalled the difficulties they faced while commuting on the road during the recent heavy rains that lashed the city. Arjun Goswami, one such commuter, said, "It was a nightmare to go through this road just a few days ago when it was raining. The road was filled with water and I had no idea where the potholes were because I could not see them. On top of that, the road had become very slippery and muddy. It was very scary to pass through here at that time."

Rakesh Pratap, also a commuter, told BM that even though the rains have stopped, the road continues to be muddy, and in some of the potholes, water is still accumulating because there is no way for it to flow out. "With every passing day, the difficulties of commuters are just going on increasing. We are in dire need of a permanent solution," he said.

Shubham Mishra, another commuter, said that they had made multiple complaints, paid several visits to the offices of authorities, but there has still been no change. No one even came to check the road, he said.

A BBMP official said that they were planning to start work on the road soon.

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9591233247
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Illegal shop
Rajajinagar

This scrap shop has occupied the entire pavement in 2nd Main, 2nd Stage Rajajinagar, behind Spectrum Diagnostics.

Public nuisance
Jayanagar

Delivery agents are blocking the pavement in 2nd Block, Jayanagar. The tiles on the pavement are breaking.

Not private property
Kumaraswamy Layout

The owner of this shop has put down stones on the road in 49th Main Road, Kumaraswamy Layout Second Stage. Half the road is occupied.

Advertorial

ಕೃತಜ್ಞತೆಗಳು

ಆತ್ಮೀಯರೆ,

ಬಾಗಲಕೋಟ ಜಿಲ್ಲೆಯ ಬೀಳಗಿ ತಾಲೂಕಿನ ನನ್ನ ಸ್ವಗ್ರಾಮ ಬಾಡಗಂಡಿಯ ಬಾಪೂಜಿ ಅಂತರಾಷ್ಟ್ರೀಯ ಶಾಲೆಯ (ಎನ್.ಎಚ್.218) ಎದುರುಗಡೆ ಮೈದಾನದಲ್ಲಿ ದಿನಾಂಕ: 17-12-2022ರ ಶನಿವಾರ ಜರುಗಿದ ನನ್ನ ಮಗಳಾದ

ಚಿ.ಕುಂ.ಸೌ. ಅನುಷಾ ಹಾಗೂ **ಚಿ. ರಾಹುಲ**

ಇವರ ನಿಶ್ಚಿತಾರ್ಥ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಹಾಗೂ ದಿನಾಂಕ: 18-12-2022ರ ರವಿವಾರದಂದು ಜರುಗಿದ ಮದುವೆ ಸಮಾರಂಭಕ್ಕೆ ಬಂದು ಶುಭ ಹಾರೈಸಿದ ಸರ್ವ ಜನಾಂಗದ ಪೂಜ್ಯನೀಯ ಮಠಾಧೀಶರುಗಳಿಗೆ ಹಾಗೂ ಜಾತ್ಯಾತೀತವಾಗಿ, ಪಕ್ಷಾತೀತವಾಗಿ ಆಗಮಿಸಿ ಆಶೀರ್ವದಿಸಿದ ರಾಜ್ಯ, ರಾಷ್ಟ್ರಮಟ್ಟದ ರಾಜಕೀಯ ಮುಖಂಡರುಗಳಿಗೆ, ಹಾಲಿ ಮತ್ತು ಮಾಜಿ ಸಚಿವರಿಗೆ, ಶಾಸಕರುಗಳಿಗೆ, ಪಕ್ಷಾತೀತವಾಗಿ ಆಗಮಿಸಿದ ಅನೇಕ ಮುಖಂಡರುಗಳಿಗೆ, ದೇಶ ವಿದೇಶದಿಂದ ಆಗಮಿಸಿದ ಬಂಧು ಮಿತ್ರರಿಗೆ ಗಣ್ಯರಿಗೆ, ಹಿತೈಷಿಗಳಿಗೆ, ಸ್ನೇಹಿತರಿಗೆ, ಅಪಾರ ಸಂಖ್ಯೆಯಲ್ಲಿ ಆಗಮಿಸಿದ ಸಾರ್ವಜನಿಕ ಬಂಧುಗಳಿಗೆ, ಪೋಲಿಸ್ ಇಲಾಖೆ ಹಾಗೂ ಸಿಬ್ಬಂದಿ ವರ್ಗದವರಿಗೆ, ಅಧಿಕಾರಿಗಳಿಗೆ, ನಮ್ಮ ಎಲ್ಲ ಸಮೂಹ ಸಂಸ್ಥೆಗಳ ಆಡಳಿತ ಮಂಡಳಿಯವರಿಗೆ, ಅಧಿಕಾರಿಗಳಿಗೆ, ಸಿಬ್ಬಂದಿ ವರ್ಗದವರಿಗೆ, ಅಭಿಮಾನಿಗಳಿಗೆ ಮಾಧ್ಯಮದ ಸ್ನೇಹಿತರಿಗೆ ವೈಯಕ್ತಿಕವಾಗಿ ಹಾಗೂ ನನ್ನ ಕುಟುಂಬದ ಪರವಾಗಿ ಹೃತ್ಪೂರ್ವಕ ಕೃತಜ್ಞತೆಗಳನ್ನು ಸಲ್ಲಿಸುತ್ತೇನೆ.

ಮಗಳ ಮದುವೆ ಮೂಲಕ ತಮ್ಮೆಲ್ಲರನ್ನು ನೋಡುವಂತಾಯಿತು. ಇದೊಂದು ಅಪೂರ್ವ ಗಳಿಗೆ. ನನ್ನ ಜೀವನದಲ್ಲಿ ಸದಾ ಹಸಿರಾಗಿ ಉಳಿಯುವ ಈ ಮದುವೆಯ ಯಶಸ್ಸಿಗೆ ಹಗಲಿರುಳು ದಣಿವರಿಯದೆ ಶ್ರಮಿಸಿದ ಹಾಗೂ ಪ್ರತ್ಯಕ್ಷವಾಗಿ ಸಹಾಯ ಮಾಡಿದ, ಪರೋಕ್ಷವಾಗಿ ಬೆಂಬಲವಾಗಿ ನಿಂತ ಎಲ್ಲರಿಗೂ ಧನ್ಯವಾದಗಳು.

ಈ ಪ್ರೀತಿ, ವಿಶ್ವಾಸ, ಹಾರೈಕೆ ಎಂದಿನಂತೆ ಮುಂದೂ ನನ್ನ ಹಾಗೂ ನನ್ನ ಕುಟುಂಬದ ಮೇಲಿರಲಿ ಎಂದು ವಿನಂತಿಸುತ್ತೇನೆ. ನಾನು ನನ್ನ ಕುಟುಂಬ ವರ್ಗದವರು ಮತ್ತು ಬಂಧು ಬಾಂಧವರು ನಿಮ್ಮ ಸಹಾಯ, ಸಹಕಾರ, ಬೆಂಬಲ, ಪ್ರೋತ್ಸಾಹವನ್ನು ಸದಾ ಕೃತಜ್ಞತೆಯಿಂದ ಸ್ಮರಿಸುತ್ತಲೇ ಇರುತ್ತೇವೆ.

ಗೌರವಪೂರ್ವಕ ವಂದನೆಗಳೊಂದಿಗೆ

ಎಸ್. ಆರ್. ಪಾಟೀಲ ಹಾಗೂ **ಶ್ರೀಮತಿ ಉಮಾ ಎಸ್. ಪಾಟೀಲ**
ಮಾಜಿ ಸಚಿವರು, ಬಾಡಗಂಡಿ, ಜಿ. ಬಾಗಲಕೋಟೆ

ಚನ್ನಪ್ಪಗೌಡ ಅ. ನಾಡಗೌಡರ ಹಾಗೂ **ಶ್ರೀಮತಿ ಪುಷ್ಪಾ ಸಿ. ನಾಡಗೌಡರ**

Poll 2023: JD(S) gives tickets to 'first family' in first list of candidates

The Janata Dal (Secular) on Monday released its first list of its 93 candidates on Monday who will contest the upcoming Karnataka assembly election, due by May next year.

The list was released after taking consent from former prime minister and JD(S) supremo HD Deve Gowda, party state president CM Ibrahim said in a statement.

The JD(S) handed tickets to the party's 'first family' in Gowda's son and grandson -- HD Kumaraswamy and Nikhil Kumaraswamy, respectively. HD Kumaraswamy, former chief minister, will contest from Channapatna where he had won the election defeating local heavyweight CP Yogeshwar in 2018.

Kumaraswamy's son Nikhil will contest from the party bastion Ramanagara. He had unsuccessfully contested the Mandya Lok Sabha election in 2019 and lost to the BJP-backed independent candidate Sumalatha Ambareesh.

The party is also rewarding sitting MLA G T Devegowda by not only giving him a ticket from Chamundeshwari constituency but also to his son Harish Gowda who will fight from Hunsur.

"We are giving ticket to all the 32 sitting MLAs," a JD(S) media team in charge told PTI.

The party had won 37 seats in the 2018 assembly polls. However, five of them resigned from the Karnataka assembly staging a coup against the Kumaraswamy-led coalition government of the JD(S) and Congress in July 2019.

These five MLAs were among the 18 MLAs disqualified by then Assembly Speaker K R Ramesh Kumar.

After disqualification, the coalition government collapsed and the BJP came to power. A majority of the disqualified MLAs joined the BJP, contested the bypolls in 2019 December, won the election and became ministers in the new government.

For next year's polls, the list released by the JD(S) includes candidates from almost all the districts of Karnataka from Khanapur in Belagavi in north Karnataka to Hanur in Chamarajanagar district of southern Karnataka.

The party will release the remaining 131 candidates in the coming days, party sources said.

The Karnataka Assembly has a total of 224 MLAs. **PTI**

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CHANGE OF NAME

I, CHAITHANYA LAKSHMI SARJAPURAM LAKSHMI PRAKASH, W/o, Narendra S residing at No.1198/51, Shiva Nilaya, 10th Cross, Ashok Nagar, Banashankari 1st Stage, Bangalore 560050 have changed my name to CHAITHANYA LAKSHMI SEGU NARENDRA vide affidavit dated 14.12.2022 sworn before notary B V Nagabhushana, Bangalore.

I, SWATI KUMARI RANJAN, W/o, Prabhat Ranjan and Residing at No.56, Eshwara Garden, Basavanapura, Gottigere Post, B G Road, Bangalore 560083 have changed my name to SWATI KUMARI vide affidavit dated 15.12.2022 sworn before notary B V Nagabhushana, Bangalore.

I, GEETHA SIMMA, W/o, Prabhat Ranjan residing at Site No.11, 3rd Floor, 2nd Main, 5th Cross, Vinayaka Layout, Shanthipura, Electronic City Phase 2, Bangalore 560100 have changed my name to SUMAN TAJ vide affidavit dated 10.11.2022 sworn before notary B V Nagabhushana, Bangalore.

I, IRANNA KOULAGI, S/o, Shivalingappa Koulagi and Residing at No. 65, Balaji Layout, Kengeri, Upanagara, Kengeri, Bangalore 560060 have changed my name to IRANNA vide affidavit dated 13.12.2022 sworn before notary B V Nagabhushana, Bangalore.

I Chandana Chandramohan W/o, Chandramohan D M R/o No A/4, Near 1st Bus stop, Vidyanagar, Davanagere-77005, Karnataka have changed my name to Chandana Machagondanahalli Halagegowda for all purposes.

I Indrajit Jash S/O, Gadadhar Jash R/o No 29, Nk Apartments, Ff1, 2nd Cross Road Vinayaka Layout, Sanjaynagar Bhoopasandra Bangalore 560094 have changed my name to Indrajet Jash

I, Akshatha R. S. R/o #204, Hoysala Tirumala, 60 feet Kalpana Chawla Road, Bhoopasandra New Extension, Bangalore-560094, have Changed my name to Anushka Adiraghavendra.

I, Ambikaashri W/o Lohith Subramanya R/o No 271, Lakshmi Nivasa,9th Main, 44th Cross,Jayanagar 5th Block, B'luru, 560041 have changed my name to Ambikaashri Srivatsa for all purposes.

I Rishikesh S/O, Akhilesh Kumar Singh R/o 601, Manjusri Luxuria, 6th Cross Road, Btm Layout 1st Stage, Bengaluru 560029 have changed my name to Rishikesh Singh

I, Anu Bhoriwal W/O, Nitin Jaisingh Sirohi R/o A 402 Dsr Ultima, Haralur Road, Bangalore have changed my name to Anu Bhoriwal Sirohi for all purposes.

I, RAZIA SARDAR KHAN W/O SARDAR KHAN # 35/201 HBR Layout b'lor-43 have changed my name to RAZIA BEGUM for all purposes.

I, PRADEEP, Residing at Flat No. A 801, 8th Floor, North Looby, Platinum Ananda, Bull Temple Road, Bengaluru-560019, have changed my name to PRADEEP KUMAR HANJARIMALJI, vide affidavit dated: 19.12.2022 before notary B.S. Padma Prasad, Bengaluru.

I, Vijayendra S/O, Sudhindra Pratinidhi R/o Plot No 5, New jewargi Road, Maka Layout, Jewargi Colony, Gulbarga 585102, KA have changed my name to Vijayendra Pratinidhi for all purposes.

I, Raghavendra Mohan Atri R/o #204, Hoysala Tirumala, 60 feet Kalpana Chawla Road, Bhoopasandra New Extension, Bangalore-560094, have Changed my name to Adiraghavendra.

I,VIJAYAKUMAR S/o T K M Raj R/o No.20, G9 Street, Jogupalya,Halasuru, B'luru-560008 have changed my name to Raj Vijaya Kumar affidavit Dt.19/12/2022 notary Ganesh Gowda M.V, B'luru

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Soon, track your BMTC bus

CONTINUED FROM PAGE 1

BMTC director (IT) AV Surya Sen told BM that the corporation has already procured the display boards under the Nirbhaya scheme: "In all our TTMCs and bus stations, we already have our commercial boards; these are supposed to showcase the ETA of buses. We have decided to install these boards at bus stops too. But bus stops in Bengaluru are 'no man's child."

Sen added that bus stops are established under Public-Private Partnership (PPP) and they are bound by an agreement. "All the power connections to the bus stop are with the vendor; they have only taken permission to illuminate advertisement boards. Passengers often complain that these advertisements are not illuminated. We have already identified the bus stops and will soon speak to the BBMP regarding the installation of these boards," he added.

It's still not clear how the BMTC will get electricity connection for powering the boards. "We also need to identify who will make the first connection and who will pay the bills associated with the boards. BBMP has to take a call on this," explained Sen.

BMTC is also planning to speak to the state government to take over the running of bus stops. Currently, the ownership rests with the BBMP's advertising team. "In most states, the revenue collected from bus stops goes to the transport corporation. However, in Bengaluru, it goes to the Palike. The RTC does not get a single rupee from ad revenue," Sen told BM.

Called for house work, 21-yr-old raped

A young woman was raped after being called to work through an app for domestic helps recently in Anekal.

According to the police, a 47-year-old man Babu, called the 21-year-old woman to his home using the app from a company that provides household services and has an office near Wilson Garden. Babu is a resident of Kudlu in Anekal and has been working in a private company. He booked an appointment with the victim via the app to 'take care of his elderly mother'.

As soon as the young woman came home, he raped her and threatened to kill her if she told anyone. Later, he locked her in the house and went to work, police informed.

The young woman called her company from her mobile phone and informed them about the crime. The company immediately informed police about the incident.

Parappana Agrahara police have registered a case against Babu and arrested him.

— Ahna Prakash

Tea, coffee & snacks @Rs 44 lakh/year

CONTINUED FROM PAGE 1

coffee/tea and biscuits for the BBMP engineers attending meetings convened by the BBMP chief commissioner or others. These meetings will be held only after 10.30 am and end by 1:00 pm or begin at 2.30 pm and end by 5.30 pm. There will be a day-long meeting once or twice in a month if the BBMP council is in existence. It will take another six months or so for the formation of a new BBMP council as it will solely depend on the elections to the council, yet to be held, two years on.

However, the BBMP's decision to spend Rs 44.50 lakh for supplying coffee, tea, snacks, vegetarian and non-vegetarian food for the meetings held at the BBMP head office drew flak from social activists and the general public.

"I oppose supplying food for meetings held at the BBMP head office. Where is the need for supplying non-vegetarian food? It is a waste of taxpayers' money. The BBMP has no sufficient funds for developmental works but it is ever ready to spend taxpayers' money for supplying all types of food for the meetings," said Sai Datta, a social activist.

HM Venkatesh, another social activist, said that BBMP engineers and officials can have non-vegetarian food at their homes on Sundays. "It seems the BBMP is giving importance to food for engineers and officials instead of focusing on infrastructure-related issues. There is no need for the BBMP to allocate such a huge amount," said Venkatesh.

Ravikrishna Reddy of Karnataka Rashtra Samiti described the tender as an example of the rampant corruption at the BBMP head office. "It is nothing but the looting of taxpayers' money. There is no accountability. The focus is how to loot tax-payers' money. The only solution is to elect the right candidates for the BBMP Council," said Reddy.

Meanwhile, BBMP executive engineer (MPED) said the amount for supplying coffee, tea/coffee, snacks, vegetarian and non-vegetarian food may go up or come down depending on the bidders (caterers).

"The caterer has to supply coffee, tea, snacks, vegetarian and non-vegetarian food for the meetings held throughout the year," the executive engineer said.

When asked about supplying non-vegetarian food, the executive engineer said that the caterer has to supply non-vegetarian food whenever foreign delegates attend meetings with the BBMP authorities. "The exact amount to be spent throughout the year for coffee, tea, snacks, vegetarian and non-vegetarian food will be known only after the bids are opened," he said.

Lorry drivers want scrap policy to be scrapped

Policy would affect around 80,000 trucks in state, worry industry workers

| Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

The Federation of Karnataka Lorry Owners Association opposed the central government's new scrap policy as it would affect around 80,000 goods vehicles across the state.

It is estimated that in Bengaluru around 20,000 trucks, including small and medium goods vehicles, have to be scrapped if the new scrap policy comes into effect.

According to B Channa Reddy, president of Federation of Karnataka Lorry Owners Association, the scrap policy is aimed at helping automobile manufacturing companies.

"It seems the government wants to help the automobile manufacturing company and harass people who own one or two trucks for livelihood," he said.

"Most of the 15-year-old trucks or goods vehicles are fit for transporting goods. The government should implement a policy that enables truck owners to use the trucks for transporting goods across the country for 10 years, five years between the states and five years within the city," he added.

"The government has increased the road safety tax from Rs 5,000 to Rs 20,000 which is unscientific. The number of road accidents involving trucks has not come down after increasing the road safety tax," he explained.

Workers in automobile industry are concerned as the new scrappage policy would affect their livelihood

The new scrap policy is a concern to many workers at automobile garages and spare parts stores as it would affect their livelihood. It would also have an adverse impact on people depending on the transport business as many of them are yet to recover from the loss incurred due to the pandemic.

Sunder Sreenivas, co-ordinator of Transport Associations, told Bangalore Mirror that the new scrap policy would badly affect truck owners, especially in rural areas.

> "Nowadays, there is not much demand for trucks to transfer goods. If there is a demand for transporting 100 goods, 110 trucks are in the market"
> –a truck owner

"I want the government to consult with transport associations before implementing the new scrap policy that is expected to come into effect from April. The government should fix an amount for a vehicle that is scrapped under the new scrap policy. It will help the truck owner to purchase a new truck," he said.

"Nowadays, there is not much demand for trucks to transport goods. If there is a demand for transporting 100 goods consignments, there are 110 trucks available in the market," said a truck owner.

"I used to get an opportunity to transport 20 goods consignments within the state per month, now i hardly get 10 goods to transport," he added.

CBI raids Shivakumar's education institute

The Central Bureau of Investigation (CBI) conducted raids at Global Academy of Technology, an institute owned by DK Shivakumar, president of the Karnataka Congress.

According to sources, the central investigation agency questioned the college administrators on Monday.

DKS Aishwarya, Shivakumar's daughter, is the college's trustee secretary, and Shivakumar's wife is also a member of the trust.

The raids were conducted after the Enforcement Directorate (ED) questioned Shivakumar on money laundering two months ago.

"They (CBI) are conducting inquiries on our land and business. Our family is being hounded by the investigating agencies," said Shivakumar.

"All probing agencies have lodged complaints and conducted investigations. CBI officers have issued notices to my partners and relatives and got the information. I have not done anything wrong and I don't fear," he added.

The investigating agencies are being used to target opponents. The main objective is to torture Congress leaders through the Enforcement Directorate (ED) and Income Tax Department (I-T) and CBI, he further added.

"The agencies are being used to snub Congress leaders. Earlier, notice were issued for gifting of mobiles," he explained.

–BMB & Agencies

Wild animals' frequent trips to city

| Bangalore Mirror Bureau
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With Bengaluru turning urban jungle and the nearby jungles being encroached, the sightings of wild animals are on increase. While elephants have been spotted in east Bengaluru, another leopard sighting is being reported by residents of west Bengaluru.

According to Joseph Hoover, a wildlife activist, after sightings of leopards in Turahalli, Yelahanka and Kengeri, a leopard has been spotted on the outskirts of west Bengaluru near Chinkurchi and the residents have their share of scare.

"Leopards are brazenly snatching sheep and goats right under the nose of shepherds. Residents, mostly farmers, are scared of venturing out of their homes fearing an attack by leopards," he said.

"Farmers are not asking for compensation for the loss of their cattle. They merely want the department to capture the leopards and relocate them to a forest. According to eyewitnesses, there are at least three leopards in the 200-acre land (shrub-jungle)," he added.

Sightings of wild animals in the city has led to human-wildlife conflict

"The forest personnel surveyed the area but no bait has been laid to capture the leopards yet. With the government destroying forests everywhere, leopards, one of the most adaptive wildlife species, have taken refuge in Bengaluru," he explained.

Meanwhile, wild elephants have been spotted near Anekal outskirts. Many villagers claim to spot elephants in and around 20 villages. In fact, many have captured pictures of elephants crossing the highway. The villagers are now petitioning the forest staff to take measures to rescue these elephants.

Recently, a bear was spotted near Bannerghatta as well.

Earlier, wildlife scientist Sanjay Gubbi wrote to the chief minister (CM) stating that 50 per-cent of the human-leopard conflict incidents occur in districts like Ramanagara, Tumkur, Mandya, Mysuru and Hassan.

However, these days the number of conflict incidents is also on the rise in Ballari, Koppal and Kolar districts.

"Of the 27,418 revenue villages in Karnataka, there is an occurrence of human-leopard conflict in over 700 villages and is increasing day by day," he said.

"Outside protected areas (national parks and wildlife sanctuaries) poaching of leopards' natural prey such as chital, sambar, four-horned antelope, barking deer, black-naped hare, and jungle fowl has increased. Leopards shift their diet to domestic animals such as sheep and goats due to decreased natural prey outside protected areas," he added.

The circulation of fake information over social media is also creating fear among people. The impact of human-leopard conflict is very high on economically underprivileged communities, he further added.

Gubbi has asked the state government to start a curriculum of a minimum of one-week of training on human-wildlife conflict.

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IN 4DX AT

PVR CINEMAS {Phoenix Marketcity Mall, 6:40, 10:35 a.m., 2:30, 6:25, 10:20 p.m. | Forum Mall, Koramangala, 6:40, 10:35 a.m., 2:30, 6:25, 10:20 p.m. | Vega City, 6:40, 10:35 a.m., 2:30, 6:25, 10:20 p.m. | Orion Mall, 6:40, 10:35 a.m., 2:30, 6:25, 10:20 p.m.} | CINEPOLIS {Shanthiniketan, 7:10, 10:50 a.m., 2:45, 6:40, 10:30 p.m.}.

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Poster furore sways Day 1

'Not opposed to any poster, but portraits of other reformers must be installed too'

 # BELAGAVI

Karnataka Congress on Monday staged a protest outside the state Assembly after chief minister Basavraj Bommai unveiled a portrait of V D Savarkar inside the Karnataka Assembly Hall.

The protest on the first day of the winter session of the state assembly was led by Leader of Opposition Siddaramaiah and the state unit chief D K Shivkumar.

"They want that our Assembly proceedings should not take place. They want it disrupted. They have brought this photo because we are going to raise a lot of corruption issues against them. They don't have any development agenda," Karnataka Congress chief and MLA Shivakumar said.

Addressing a press conference Siddaramaiah condemned the decision to install Savarkar's portrait. "It is not a protest. It is a demand. I am making it clear to install portraits of other national leaders and social reform leaders."

Siddaramaiah said this was a tactic to divert the attention of people, "In order to divert the attention of people, they are doing this. We will not continue with the protest. It is a symbolic demand made by the Congress Legislature party. The Speaker should have taken the confidence of the house. That has not been done. It has not been discussed in the business advisory committee also".

"Keeping all of us in the dark, unilaterally the Speaker has taken a decision to put up Savarkar's photograph and other leaders. Who are the other leaders? We do not know. We are unaware of these things," he added. Siddaramaiah said as a leader of the opposition he should have been informed about the portrait issue. "See, I am an opposition leader. As a leader of the opposition, I should have been invited. That is why we demand you put portraits of all national leaders and Socialist Republics leaders. We are not opposing portraits of any leader. They inspire us. They put a portrait of Savarkar to divert the attention of people from many issues like corruption, water theft and farmers' issues". **ANI**

Congress leaders stage a protest over unveiling of a Savarkar poster during Winter Session of Assembly, at Suvarna Vidhana Soudha

> **They put a portrait of Savarkar to divert attention from issues like water theft, corruption, farmers' woes** –Siddaramaiah, Oppn leader

Won't attend Assembly till I am made Minister: Eshwarappa

Senior BJP legislator KS Eshwarappa on Monday said he would not attend the Assembly session until he is made a Minister.

The Shivamogga MLA had resigned as the Rural Development and Panchayat Raj Minister earlier this year following a Belagavi-based contractor Santosh Patil's suicide in a Udupi hotel accusing the Minister of demanding 40 per cent commission.

Eshwarappa told reporters that he is being denied a ministerial position despite the probe agency giving him a clean chit in the contractor suicide case.

The senior legislator said he would, however, go to Belagavi where the legislature session is on, but he would not attend it.

"The purpose of going to Belagavi is to submit a letter to the Assembly Speaker Vishweshwar Hegde Kageri seeking his permission to not attend the entire session," said a visibly upset Eshwarappa.

The senior BJP MLA said that those who are absolved of crime should not be punished. **PTI**

9-yr-old beaten by teacher dies in Gadag

A Class 4 student, who was allegedly beaten by a guest faculty with a thin iron rod in a government-run school in Gadag, succumbed to his injuries on Monday.

The incident had taken place on Saturday. The boy has been identified as Bharat Barakeri, a student of Government Model Primary School in Hadali village near Nargund town in Gadag. The accused teacher is identified as Muttu Hadali.

According to police, the accused teacher has disappeared after the incident and a manhunt has been launched to nab him. The accused had also assaulted the mother of the boy, Geetha Barakeri for questioning him. The accused assaulted Bharat with a thin iron rod when he was talking to his friends. The boy then ran to his mother Geetha, also a teacher in the school. Geetha tried saving her son, the accused attacked her also. The boy was shifted to the KIMS hospital in Hubballi. **IANS**

Student jumps off college building

A student is said to have died by suicide by jumping off the building of a college on Monday. She has left behind a death note.

The victim, a 23-year-old resident of Bengaluru, was a first-year student of law (LLB).

She is said to have come to the college on Monday with the intention of ending her life. She jumped from the seventh floor of the building.

"The student was lying in a pool of blood and was immediately admitted to a private hospital. However, there was severe bleeding and she died," said police.

After getting the information about the incident, VV Puram police arrived at the spot, conducted an investigation, and sent the victims' body to the KIMS Hospital. **BMB**

Graft plaint against Nirani with Lokayukta ADGP

Whistleblower casts nepotism charge at Minister over project proposal involving son

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

A complaint has been lodged with the Karnataka Lokayukta Additional Director General of Police (ADGP) against Minister for Large and Medium Industries Murugesh R Nirani and four others for offences punishable under the Sections 120B, r/w 409, 417 and 420 of the Indian Penal Code (IPC) and the Sections 13(2), r/w 13(1)(a) and (b) of the Prevention of Corruption Act, 1988.

Alam Pasha, a resident of Indiranagar, in a complaint, claimed he is a whistle blower in the pending Special Leave Petition (SLP) No. 0520/2021 (former chief minister of Karnataka) also in the extortion case of former Lokayukta Y Bhaskar Rao.

Pasha, in the complaint lodged on December 14, 2022, has claimed that Nirani abused his position as a public servant and exercised favouritism, and indulged in corruption to make gains for himself, his family members and their cronies.

Pasha has said Nirani used his influence at the 127th meeting of the State Level Single Window Clearance Committee (SLSWCC) held on November 9, 2021, to grant approval to the project proposal made by his son Vijay Murugesh Nirani for granting 200 acres of land to MRN Cane Power and Biorefineries Private Ltd.

According to the complaint, the 130th SLSWCC, chaired by Nirani, held on March 5, 2022, decided to cancel 112 acres and 15 guntas of land allocated to Favourich Infra Pvt Ltd to allocate it to MRN Cane Power and Biorefineries. As per the documents with BM, the 130th SLSWCC cancelled the grant of land as Favourich Infra failed to use the land for what it was allocated. But, the 131st meeting of the SLSWCC, chaired by Nirani, on April 30 decided to withdraw the approval to MRN Cane Power and Biorefineries based on a letter submitted by the latter.

According to the document with BM, MRN Cane Power and Biorefineries wrote a letter to the SLSWCC on April 20, 2022, informing that the availability of cane and cane area development would make it difficult to procure sufficient cane for the proposed project at Bannenahalli village in Mandya. Therefore, the group company has decided not to pursue the project as Bannenahalli village and hence requested the SLSWCC to withdraw the approval accorded vide GO dated March 28, 2022. Point to be noted here is that neither the SLSWCC nor the MRN Cane Power and Biorefineries did due diligence before allocating the land or applying for it.

"The state machinery, secretaries of government, IAS cadres were abused, ultimately, to help his son solely for the criminal negligence both father and son adopted," Pasha said in the complaint.

He said Nirani should have recused himself from the meetings where the projects relating to his own family Group Companies, associates, son's, or friend's companies were being discussed and considered for being recommended for sanction or approval. "May I request the honourable Lokayukta for cancellation of the projects proposed by Nirani, insofar as they relate to his group companies..." he said.

> **An enquiry will be ordered on the complaint. We will take a call on whether to register a FIR** –Ashok KV, Lokayukta SP

Karnataka Lokayukta Superintendent of Police Ashok KV confirmed that they have received the complaint. "An enquiry will be ordered on the complaint. We will take a call on whether to register a FIR based on the enquiry report," the SP said.

HEALTH TIP: Oats are good for heart health and have been shown to lower cholesterol when included as part of your regular diet

Clove is a good source of vitamin K, B6 (pyridoxine), B1 (thiamine), C and riboflavin

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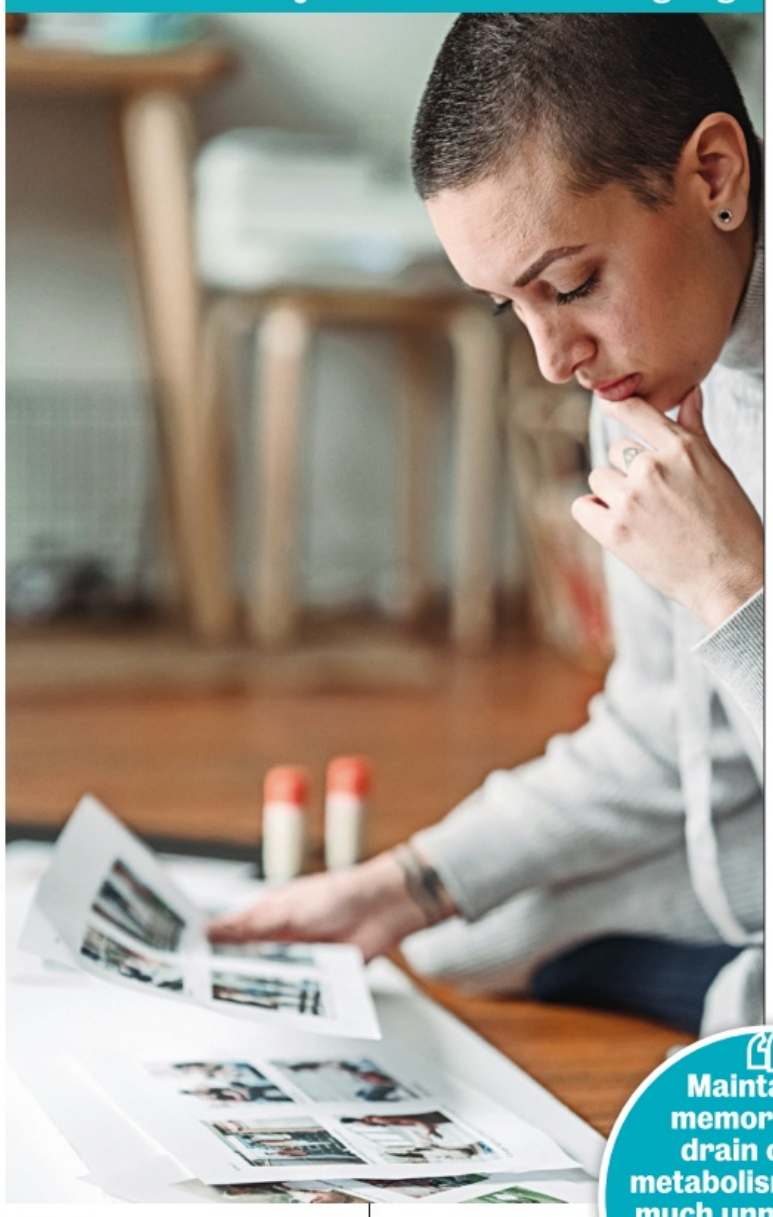
FORGET THAT

How much memory loss is normal with ageing?



You've driven home from work along the same route for the past five years. But lately, you've been stopping at the same intersection, struggling to remember if you need to turn left or right.

Many occasions in everyday life can make us question whether lapses in memory are normal, a sign of cognitive decline, or even the beginning of dementia.

Our first instinct might be that it's due to deterioration in our brains. And it's true that like the rest of our body, our brain cells shrink when we get older. They also maintain fewer connections with other neurons and store less of the chemicals needed for sending messages to other neurons.

But not all memory lapses are due to age-related changes to our neurons. In many cases, the influencing factors are more trivial, including being tired, anxious, or distracted.

> "Maintaining memories is a drain on our metabolism and too much unnecessary info can slow down retrieval of specific memories

Some forgetfulness is normal

Our memory system is constructed in a way that some degree of forgetting is normal. This is not a flaw, but a feature. Maintaining memories is not only a drain on our metabolism, but too much unnecessary information can slow down or hamper retrieving specific memories.

Unfortunately, it's not always up to us to decide what's important and should be remembered. Our brain does that for us. In general, our brain prefers social information (the latest gossip), but easily discards abstract information (such as numbers).

Memory loss becomes a problem when it starts to affect your typical day-to-day living. It's not a huge issue if you can't remember to turn right or left. However, forgetting why you are behind the wheel, where you are meant to be going or even how to drive are not normal. These are signs something may not be right and should be investigated further.

Then there's mild cognitive impairment

The road between ageing-associated memory loss and the more concerning memory loss is coined as mild cognitive impairment. The degree of impairment can remain stable, improve, or worsen.

However, it indicates an increased risk (around three to five times) of future neurogenerative disease such as dementia. Every year, around 10-15% of people with mild cognitive impairment will develop dementia.

For people with mild cognitive impairment, the ability to undertake usual activities becomes gradually and more significantly impacted over time. Besides memory loss, it can be accompanied by other problems with language, thinking and decision-making skills.

A mild cognitive impairment diagnosis can be a double-edged sword. It affirms older people's concerns their memory loss is abnormal. It also raises concerns it will develop into dementia. But it can also lead to the exploration of potential treatment and planning for the future.

Losing your way can be an early marker

Impairment in navigation is thought to be an early marker for Alzheimer's disease, the most common type of dementia. Magnetic resonance imaging (MRI) studies have shown the areas that crucially underpin memories for our spatial environment are the first to be affected by this degenerative disease.

So, a noticeable increase in occasions of getting lost could be a warning sign of more pronounced and widespread difficulties in the future.

Given the predictive link between declines in the ability to find your way and dementia, there is an incentive to develop and use standardised tests to detect deficits as early as possible.

Currently, the scientific literature describes varying approaches, ranging from pen-and-paper tests and virtual reality, to real-life navigation, but there is no gold standard yet.

A specific challenge is to develop a test that is accurate, cost-effective and easy to administer during a busy clinic day.

We have developed a five-minute test that used scene memory as a proxy for way-finding ability. We ask participants to remember pictures of houses and subsequently test their ability to differentiate between the pictures they have learned and a set of new images of houses.

We found the test works well in predicting natural variations in way-finding ability in healthy young people, but are currently still evaluating the effectiveness of the test in older people.

Get help when your memory lapses are consistent

While everyday memory lapses are not something we should unduly worry about, it is prudent to seek professional health care advice, such as from your GP, when those impairments become more marked and consistent.

While there is currently still no cure for Alzheimer's, early detection will allow you to plan for the future and for more targeted management of the disorder.

(By Oliver Baumann and Cindy Jones, Bond University Robina, The Conversation)

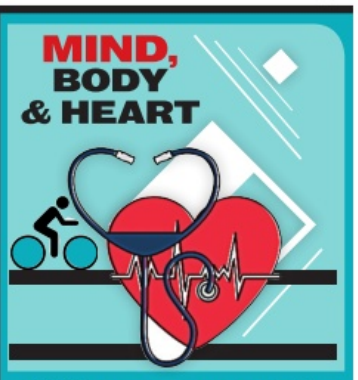
MIRRORLIGHTS

Obesity is neurodevelopmental disorder, propose scientists

Obesity has increased rapidly in recent decades to affect more than 2 billion people, making it one of the largest contributors to poor health worldwide. Despite decades of research on diet and exercise treatments, many people continue to struggle to lose weight. Researchers at Baylor College of Medicine and collaborating institutions now think they know why, and say we must shift the focus from obesity treatment to prevention.

The team reports in the journal Science Advances that molecular mechanisms of brain development during early life are likely a major determinant of obesity risk. Previous large studies in humans have hinted that genes that are most strongly associated with obesity are expressed in the developing brain. This current study in mice focused on epigenetic development. Epigenetics is a system of molecular bookmarking that determines which genes will, or will not, be used in different cell types.

"Decades of research in humans and animal models have shown that environmental influences during critical periods of development have a major long-term impact on health and disease," said corresponding author Dr. Robert Waterland, professor of pediatrics-nutrition and a member of the USDA Children's Nutrition Research Center at Baylor. "Body weight regulation is very sensitive to such 'developmental programming,' but exactly how this works remains unknown." —ANI



All you need to know about...

Acne

What is it?
Acne is a common skin condition that causes spots to develop on the skin, usually on the face, back and chest. The spots can range from surface blackheads and whiteheads to deep, inflamed, pus-filled pustules and cysts, which can be severe.

Why do we get it?
It's most commonly linked to rising levels of testosterone in both girls and boys during puberty. This affects the grease glands attached to the hair follicles in the skin. Testosterone causes excessive amounts of oil (known as sebum) and thickens the inner lining of the hair follicle, which becomes blocked.
Acne tends to run in families. Other hormonal changes, such as the ebb and flow of the menstrual cycle or pregnancy can also lead to episodes of acne in women. Adult acne usually occurs after the age of 25 and predominantly in women. It can be harder to treat than adolescent acne.

What can you do?
Keeping your skin clean is important, but it won't prevent new spots developing. Wash the affected area twice a day with a mild soap or cleanser, but to avoid irritation don't scrub the skin. If your skin is dry, use a moisturiser. Although acne can't be cured, it can be controlled with creams, lotions and gels available at pharmacies. If your acne is severe or appears on your chest and back, it may need to be treated with antibiotics or stronger creams that are available only on prescription. What you eat has no effect on acne.

When to see a GP?
Make sure you consult your doctor if suffering from acne is causing you untold distress. Also, ask if you can get an appointment to see a dermatologist because early treatment with antibiotics or, in the case of girls, with the Pill, may be needed to prevent you developing nodules, cysts and further scarring.

—Dr Miriam Stoppard, Daily Mirror

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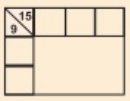
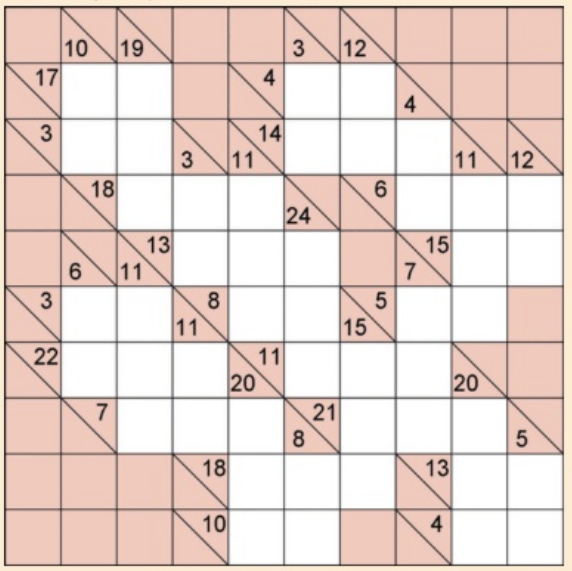
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

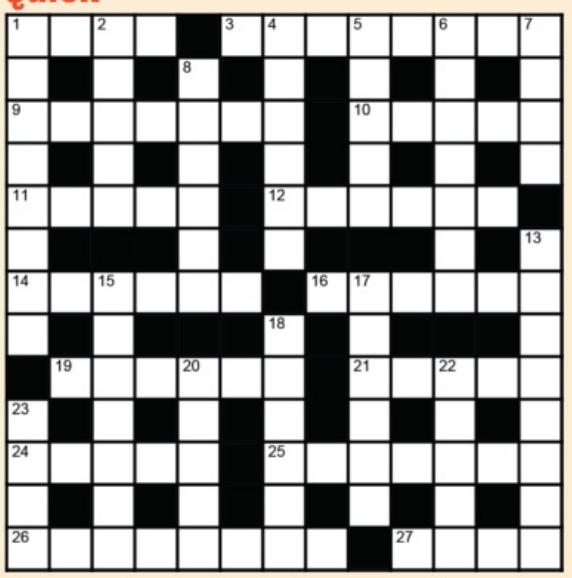


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Ramble or wander about (4)
3 Surprises or astonishes (8)
9 Horrific fire (7)
10 Hoodlums or bullies? (5)
11 Ballroom dance (5)
12 Pronounces or says (6)
14 The opposite of acid (6)
16 Shrieked (6)
19 Puzzle (6)
21 Teach (5)
24 Half-crown (5)
25 Middle Easterner (7)
26 Turncoats (8)
27 A venomous viper from South Africa, a small hill or a mountain (4)

DOWN

1 Waterproof clothes (8)
2 Horrible or dreadful (5)
4 Fill in hole (4,2)
5 Group of eight (5)
6 Non-aligned (7)
7 Ornamental scarf (4)
8 South American country (6)
13 Decorating (8)
15 Official language of Karnataka (7)
17 Aquatic mammals (6)
18 More unclear; foggier or dimmer (6)
20 Oversized (5)
22 At that place (5)
23 Change of Govt. : coup d'____ (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: O EQUALS T

OFL VDIO OLSWODOZNR ZI OFL PYLDOLIO OYLDINR: ON CN OFL YZPFO CLLC ENY OFL BYNRP YLDINR

Linemaro

Your dad must be a thief because he stole the stars and put them in your eyes!

Mindchow

I want to live my life so that the nights are not full of regrets

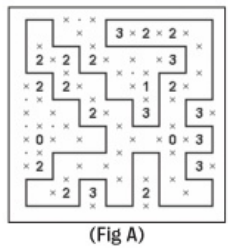
Joke of the day

Consciousness: That annoying time between naps

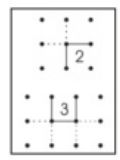
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

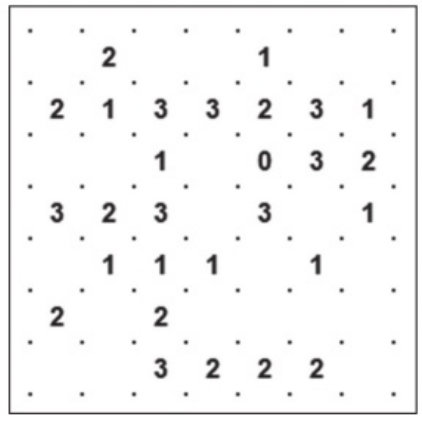


(Fig B) Not Allowed

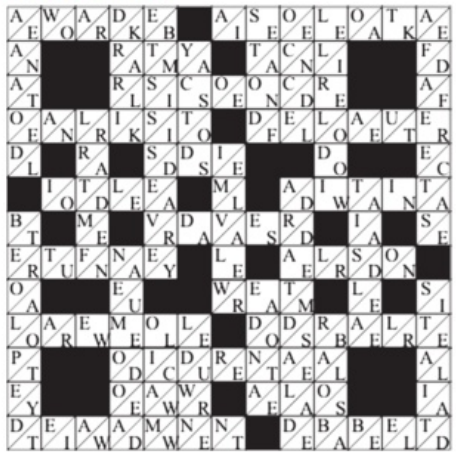
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



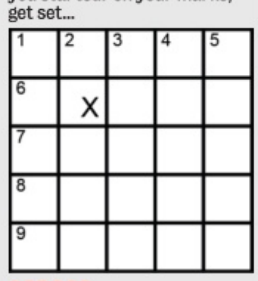
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

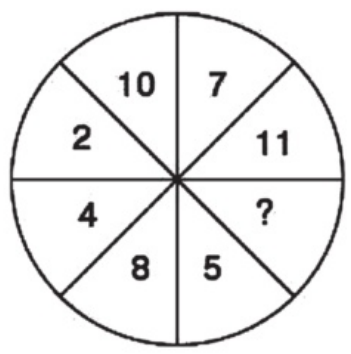
1 Reg be; 6 Ex Doe;
7 Touts; 8 A race;
9 Sawed

DOWN

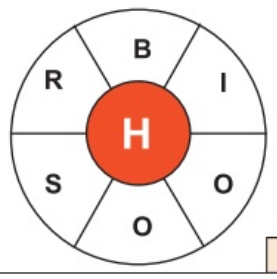
1 Wears; 2 Taxer;
3 Do OBE; 4 Deuce;
5 Stage

Mensapuzzle

What number should replace the question mark?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

01 Average; **02** Good; **03** Outstanding

SudokuChallenge

5			7		1			4
		6		2		3		
7								1
	7		4		2		6	
	4		5		8		7	
	5		1		9		4	
2								6
		3		9		8		
8			6		3			2

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 16

2 3 5 6

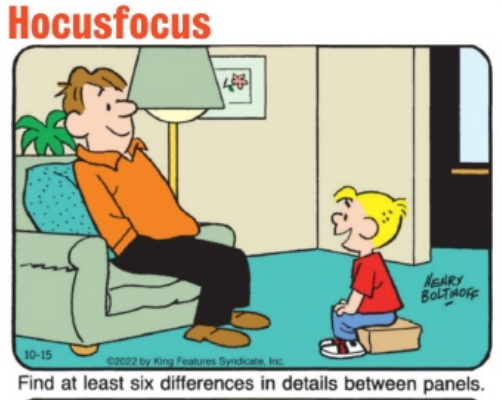
Medium = 5

2 5 8 9

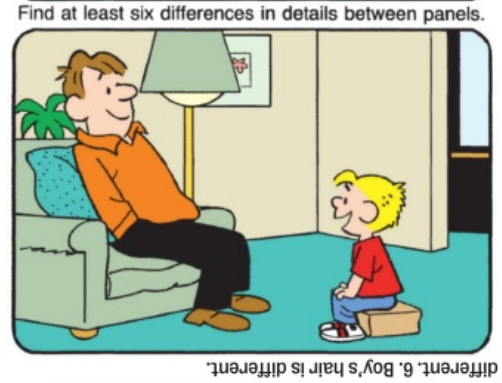
Hard = 1

3 8 9 3

Hocusfocus



Find at least six differences in details between panels.



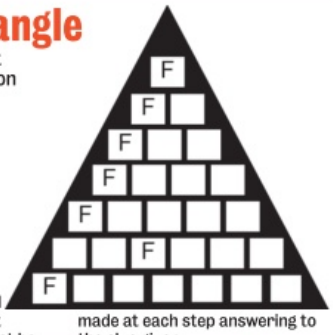
Differences: 1. Lamp is moved. 2. Arm of chair is different. 3. Wall is wider. 4. Picture frame is thicker. 5. Pillow is different. 6. Boy's hair is different.

Riddler

A racing car travels at an average speed of 175 mph for 28 laps, stops for a one minute pit stop, and completes the last 12 laps of the course at an average speed of 180 mph. If the whole race takes 35 minutes, how far is one lap?

Alpha triangle

1 Degree Fahrenheit
2 Football Association
3 Dieter's no-no
4 Exploit
5 Banquet
6 Least risky
7 Fixes securely



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

Bizarrotrip

Wayne & Pirro 10-13-22
The downside to going electric is not being able to annoy people with smoke, noise and stench.
©2022 BIZARRO STUDIOS
BIZARRO.COM
Dist. by King Features

Diamond Lil

Hart of the city

I FEEL LIKE I JUST NEED ONE MORE CLUE...
ALYSSA'S ROOM
HEART, IT'S NICE OF YOU TO HELP ALYSSA FIND HER MICROPHONE, BUT SHE'S GONNA FORGET IT IN A WEEK'S TIME.
LAST WEEK, SHE WAS OBSESSED WITH HOARDING GLUE. SHE'S WEIRD, HEART.
IS SHE WEIRD, OR IS SHE JUST A LITTLE KID?
A LITTLE BIT OF COLUMN A, A LITTLE BIT OF COLUMN B.
©2022 ANDREWS MCMEEL
@COMICS.COM/HEARTOFTHECITY

Crankshaft

OH MY!
I JUST SAW ON YOUR WEBSITE THAT I WON THE 'OHIOANA BOOK AWARD' FOR FICTION...
AND I'M JUST CHECKING TO SEE IF IT WASN'T A MISTAKE!
10-10
BATIUK & DAVIS

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may be busy at home. You may buy some artefacts or creative things to renovate your house, which may increase your social status. You may also invest in properties and other fixed assets. You are likely to enjoy romantic moments with your spouse, which may improve your emotional relationship. Singles may hear good news in terms of marriage.

Taurus Apr 21 – May 20
Today you may feel happy. Old health issues related to elders may be cured. Money which was stuck may be recovered now. This may increase liquidity in business. People who are in jobs may change their work to seek promotion. Jobseekers may get work with the help of a friend's reference. Those working in government jobs are likely to get benefits.

Gemini May 21 – Jun 21
Today you may seek knowledge. You may understand the value of the intellectual asset. You may control your short temperedness, which may help you to perform your task in a smooth way. There may be some chances for smooth earning, which will give you comfort in your workflow. You are advised to be careful before making new investments. You are likely to spend money for love.

Cancer Jun 22 – July 23
Today you may feel dull. You may not be able to sustain your current situation. You could make silly mistakes, which may affect your confidence levels. Your working efficiency may slow down, which may affect your day-to-day work. Your projects are likely to be delayed. It may affect your professional life. Before taking any important decision, you are advised to take advice from your elders.

Leo Jul 24 – Aug 23
Today, you may be energetic. You may be more focused, which may speed up your current tasks. Your subordinates may help you start a new project, which may give you profits in the near future. You can expect some short trips related to family issues. Jobseekers may hear good news in terms of work.

Virgo Aug 24 – Sep 23
Today you may use your creativity in your office or at home, which may enhance your social status. You may be able to control your expenditure on worthless things, which may increase your savings. Lovebirds may get some support from their family members for marriage. Students may hear good news in terms of academics.

Libra Sep 24 – Oct 22
Today you may be relaxed after a messy situation. Your inner strength may help you implement some difficult decisions in your parental business, which may grow it. You may help needy people around you, which may increase your social respect. Students may be clear regarding choosing their career.

Scorpio Oct 23 – Nov 22
Today you may feel dull. Your health may not be good. You may also have anxiety and restlessness. You are advised to postpone important investments in business or real estate. You are advised to avoid rash driving. You should avoid long distance travel too. You may do meditation to help with sound sleep.

Sagittarius Nov 23 – Dec 22
Today, blessings from elders will make you happy. Your investments may give you profits. Losses will be converted to profits now. Your savings may boost your bank balance. You may plan to invest in your children's future. You may also enjoy some delicious food at home. Your problems related to the throat, teeth, ear, or nose may be resolved now.

Capricorn Dec 23 – Jan 20
Today you may enjoy your work. You may get some promotions after your hard work. You may be likely to help some needy person. Your social respect may be increased now. Overworking your mind can make you tired. Due to your workload, you may not be able to reach some family get-together. Your parents' health may be okay.

Aquarius Jan 21 – Feb 19
Today projects which were stopped may be re-initiated. You may be satisfied at work. You may plan for a short-work related trip. You may also visit some spiritual place to maintain your internal strength. Your elders may show you the right path to achieve your goals.

Pisces Feb 20 – Mar 20
Today you may feel dull. You may also face health issues. It is advised to keep your mind cool. Read documents carefully before signing them. You may face difficulty in recovering your money. You are also advised to avoid going for adventure tours. Students are advised to go for in-depth study to get success.

KIDZONE

Dhruva R, 7 years, Little Angles English School

Thoshith Gowda, 7 years, Orchids Inernational School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
$3!+(-1^0)+(-2+(1))$
$3!+(-1^0)+(-2+1)$
$3!+(-1^0)+(-1)$
$3!+(-1^0)+1=2$
$3!-1+1$
$(3\times2!)-1+1$
$6-1+1$
$5+1=6$

RIDDLER
Two and a half miles

BULL'S EYE
BOORISH, hobo, shoo

FAST FIVE

R	E	B	E	G
E	X	O	D	E
S	T	O	U	T
A	R	E	C	A
S	W	A	D	E

STRIKE OUT

D	E	A	D	M	E	N	■	E	B	B	E	D		
E	■	E	A	R	■	E	L	O	■	I				
P	■	D	I	U	R	N	A	L	■	A				
O	R	W	E	L	L	■	O	S	B	E	R	T		
O	■	E	■	R	A	M	■	L	■	S				
R	U	N	N	Y	■	E	A	L	S	O				
T	■	E	R	A	V	E	D	■	I	S				
■	I	D	E	A	■	L	■	A	W	A	I	T		
D	■	A	■	S	S	E	■	O	■	C				
E	N	L	I	S	T	■	D	E	L	E	T	E		
T	■	L	I	C	E	N	C	E	■	F				
N	■	A	M	A	■	A	N	I	■	F				
A	W	A	K	E	■	I	S	O	L	A	T	E		

QUICK

T	R	A	I	T	O	R	S	■	B	E	R	G		
A	■	D	■	N	■	E	■	S	■	R	■	N		
T	I	A	R	A	■	I	S	R	A	E	L	I		
E	■	N	■	I	■	Z	■	E	■	H	■	N		
■	E	N	I	■	G	M	A	■	T	U	T	O	R	
R	■	A	■	H	■	T	■	O	■	■	■	■		
A	L	K	A	L	I	■	H	O	W	L	E	D		
E	■	I	■	P	■	■	■	A	■	■	■	A		
N	U	■	A	■	P	E	■	T	■	H	■	■		
I	N	F	E	R	N	O	■	T	H	U	G	S		
A	■	W	■	B	■	T	■	C	■	E	■	A		
R	O	A	M	■	A	S	T	O	U	N	D	S		

MENSA PUZZLE
13: opposite numbers total 15

QUOTE UNCODE
The last temptation is the greatest treason: to do the right deed for the wrong reason

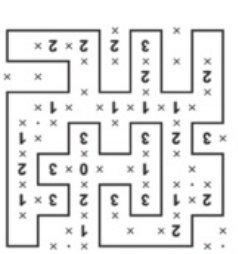
SUDOKU

8	1	5	6	4	3	7	9	2
4	6	3	2	9	7	8	1	5
2	9	7	8	1	5	4	3	6
6	5	8	1	7	9	2	4	3
3	4	2	5	6	8	1	7	9
9	7	1	4	3	2	5	6	8
7	2	4	3	5	6	9	8	1
1	8	6	9	2	4	3	5	7
5	3	9	7	8	1	6	2	4

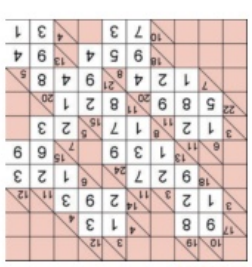
ALPHA TRIANGLE
F, FA, Fat, Feat, Feast, Safest, Fastens.

GO FIGURE
Easy
5 + 3 + 2 + 6 = 16
Medium
2 × 9 − 5 − 8 = 5
Hard
3 − 8 − 3 + 9 = 1

LOOP



KAKURO



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Shoulda been Bond

Actress Catherine Zeta-Jones said never getting to play a female James Bond is her biggest acting regret. The actress claimed former 007 star Sean Connery backed her as a replacement for him as the spy

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'THIS SHIP HAS SAILED'

What Tripti said about her relationship status

Tripti Dimri has come a long way and the actress aims to continue to do good work in the industry. Being an outsider, she looks up to two people from the industry -- Anushka Sharma and her brother Karnesh Sharma.

In an exclusive conversation with ETimes, Tripti spoke about Anushka and Karnesh and her association with them. She shared, "It's been an amazing association with Anushka Sharma and Karnesh. "They are very hardworking and sorted people. They are also outsiders, they did not have any backing in the industry. What's interesting to see is that both of them are fearless. Their intentions are very clear. They make films that they believe in, they tell stories that they believe in so that is very inspiring and I even want to learn from them as an actor."

Tripti is not just professionally associated with Karnesh, but is reportedly also dating him. When asked whether she is dating someone right now, the 'Qala' actress took some time to think about how to react and finally said, "The ship has already sailed is what I can say right now." When asked about her marriage plans, she immediately replied, "Not now, I will take some more 7-8 years to get married." **— Tejashree Bhopatkar, ETimes**

It's destiny

Anjali Anish had approached Yogaraj Bhat to work as his associate director. However, fate and he had other plans. Now, she is the leading lady of the film Padavi Poorva. Anjali has previously worked as an associate director for Ambi Ning Vayassaytho in which Ambareesh played the lead role and Gurudatta Ganiga handled the megaphone. She has also worked as an associate for Hindi movie Bhaiyyaji Superhit in which Sunny Deol and Preity Zinta were the lead pair.

"I approached Yogaraj Bhat sir expecting to work as an associate for him but he advised me to act in Padavi Poorva directed by Hariprasad Jayanna. As of now, I am pursuing law at CMR College but I did not join PU College as I prefer homeschooling. I felt like a PU student while acting in the film," said Anjali.

When asked about her experience working as an associate for Ambi Ning Vayassaytho, she said, "Ambareesh sir became my friend during the shooting. He invited me to his house for a sumptuous lunch (with naati koli curry). I did not feel any pressure while narrating the script to him," Anjali said with a smile. Anjali stays at Queen's Road and her parents and brother are lawyers. "I am pursuing law but have not decided whether to prefer acting in movies or practising law. It depends on destiny," she said, adding that she has done a course in acting at Anupam Kher School for Acting in Mumbai and a three-month course in acting at Chicago Film Institute. **—Y Maheswara Reddy**

Hello, what about taking permission?

Anushka Sharma is a celeb who says it how it is. Recently, a sportswear brand used some pictures of Anushka where she was seen carrying off their clothes.

In one picture, Anushka was seen posing in a yellow sports bra with black leggings. Another picture had her walking off at the airport wearing the same brand. The Instagram account of this sportswear brand shared these pictures to promote their end-of-season sale without Anushka's permission. The actress shared this post on her social media and wrote, "I'm sure you know that you have to take permission before you can use my imagery for publicity since I'm not your ambassador. Please take it down!"

Despite Anushka slamming them, the brand has still not taken down her pictures and several fans commented on the post saying that Anushka has asked them to take it down, they must do the needful." **—ETimes**

SANDALWOOD SHOTS

Y MAHESWARA REDDY

Another shot

If arrangements to promote the movie Raghavendra are anything to go by, it seems director Vikram Yasodhara and actor Supreeth do not want a repeat of the performance of their film Hulidurga that released in March 2020.

The teaser of Raghavendra that is set against a rural backdrop was released by actor Dheeran Ramkumar recently. "It is my second movie with Vikram Yasodhara. My passion towards movies drew me to acting. My father has stood like a rock with me. Around 80% of the film has commercial elements such as dance, comedy and action. The remaining 20% has a message to the society, especially for rural areas," said Supreeth. According to Vikram, the film is about a fight for good. "It is the fight against the opening of a liquor shop by a boy who works as a supplier in a bar and an illiterate girl. They demand authorities open a school or a college instead of giving permission to the liquor shop. The message is there will be no need for politicians if the villagers decide what they want," said Vikram. Pratheeksha is paired opposite Supreeth.

Fitness tips: Wash clothes, do household chores

Shah Rukh Khan promoted his movie 'Pathaan' at the FIFA 2022 World Cup finals and got candid about the movie. The actor spoke at length about how he prepped for the action entertainer.

Addressing his four-year-long break, Shah Rukh Khan said, "Those cameos also I think I shot either before or during those four years break. I was taking a one-year break. I thought I'll wait for a year, and get physically fit. There was a film of mine, Zero, there was a lot of hard work put into it but it didn't work. No one even like it, I felt bad also. But then I thought I will do what people like -- So I'll also try to do something which people also like me doing but different for me so I took a break for a year."

> "I did all the household work and became fit

Speaking about how he became physically fit for Pathaan, SRK stated, "I got to spend a lot of time with my kids, physically I became very fit. I started working out because there was nothing else to do. All of us were at home and locked up so I would work out in the gym, I would work in the kitchen, I would wash some clothes, I did all the household work and became fit (laughs). But it was great fun." **— ETimes**